

# Summerfields & Healthy Schools

The Healthy Schools Partnership combines the school improvements and standards agenda with health improvement.

Involvement in the partnership promotes health in its widest sense, which includes the emotional and physical well-being of all pupils and staff of the school, as well as the community of which the school forms a part. A healthy start during the years at school will provide an excellent foundation for good health and well-being throughout an individual's life.

The Healthy Schools Partnership promotes practical aspects and projects which are suitable for the entire age range. The involvement of the entire staff, governors, young people and wider community is essential.

The key areas of focus are: Personal, Social and Health Education; Citizenship; Drugs, including alcohol and tobacco; Emotional Health and Well-Being; Environment; Healthy Eating; Physical Activity; Safety Education; Sex and Relationship Education.