

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Summer IOW Menu 2019



		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 23/4/2019 13/5/2019 10/6/2019 1/7/2019 22/7/2019	<b>Main</b>	Lady and the Tramp Spaghetti Bolognaise	Horrid Henry's Sausages with Baked Potato Wedges and Gravy	Roast Pork with Roast New Potatoes & Gravy	Chitty Chitty Bang Bangs Chicken and Vegetable Wrap with Rice	Fish Fingers, Chips and Tomato Sauce
	<b>Vegetarian</b>	James Bond Pasta Neapolitan with Spinach	Moody Margaret's Quorn Sausages with Baked Potato Wedges and Gravy	Creamy Vegetable Pie with Roast Potatoes & Gravy	Mickey Mouse's Macaroni Cheese	Charlie's Cheese and Pepper Whirl with Chips
		Carrots Garden Peas	Sweetcorn Green Beans	Fresh Mixed Seasonal Vegetables	Grated Carrot Salad Mixed Green Salad	Baked Beans Garden Peas
	<b>Dessert</b>	Sticky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Apple Flapjack Yoghurt Fresh Fruit Salad	Fruit and Yoghurt Station Fresh Fruit Salad	Iced Sponge Fresh Fruit Salad
<b>Week 2</b> 29/4/2019 20/5/2019 17/6/2019 8/7/2019	<b>Main</b>	BFG Beef Burger in a Bun with Baked Jacket Wedges	Cassie's BBQ Chicken with Rice	Roast Turkey with Roast Potatoes & Gravy	Beegu's Beef Lasagne with Garlic Bread	Battered Fish, Chips, Tomato Sauce
	<b>Vegetarian</b>	Cruella de Ville's Quorn Burger in a Bun with Baked Jacket Wedges	Lentil and Sweet Potato Curry with Rice	Quorn Roast with Roast Potatoes & Gravy	Varjak Paw's Veggie Fajitas with Rice	Vegetable Pasty with Chips
		Mixed Green Salad Coleslaw	Green Beans Carrots	Fresh Mixed Seasonal Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
	<b>Dessert</b>	Chocolate and Banana Square Yoghurt Fresh Fruit Salad	Fruit and Yoghurt Station	Peach Upside Down Cake with Custard Yoghurt Fresh Fruit Salad	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Lemon Drizzle Cake Fresh Fruit Salad
<b>Week 3</b> 7/5/2019 3/6/2019 24/6/2019 15/7/2019	<b>Main</b>	Harry Potter Pizza with New Potatoes Wedges	Scooby Doo's Meatballs with Mashed Potatoes and Gravy	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Alex Rider's Chicken Tikka with Rice	Fish Fingers, Chips, Tomato Sauce
	<b>Vegetarian</b>	Hermoine Granger Veggie Pizza with New Potatoes Wedges	Peter Rabbits Vegetable Pie	Vegetable Wellington with Roast Potatoes & Gravy	Jim Jarvis' Veggie Noodles	Red Pepper and Cheese Frittata with Chips
		Sweetcorn Tomato Salad	Green Beans Sliced Carrots	Broccoli and Cauliflower	Tomato & Onion Salad Diced Cucumber	Garden Peas Baked Beans
	<b>Dessert</b>	Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit Salad	Vanilla Shortbread Yoghurt Fresh Fruit Platter	Apple Pie with Ice Cream Yoghurt Fresh Fruit Salad	Fruit and Yoghurt Station	Chocolate Cocoa Cookie Fresh Fruit Salad

Available Daily  
 Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
 Bread freshly baked on site daily  
 Daily salad selection